

"If ye are prepared, ye shall not fear."

D&C 38:30

La Habra 1st Ward Preparedness Newsletter

October, 1999

Welcome!

We are SO excited to bring you this newsletter. There is just so much information out there and we want to give you as much as possible! We will be bringing you recipes, helpful hints, cannery dates and whatever else we can fit in.

Emergency Essentials

Emergency Essentials is a company out of Utah. They have started a group discount program. Bekki Fink has signed up as our Group Leader. Each month they offer about 4-6 different specials. (You can sign up with Bekki to have them send you the specials each month.) Anyone who wants to order needs to contact Bekki at 697-0425.

*There are minimums and orders will not be placed if they are not met. When you sign up for the group mailings you will also receive the Emergency Essentials regular catalog. They have informed us that if we want to group order something out of the catalog we just need to call and get special pricing. This should be a great opportunity to get a variety into our storage!

CANNERY- Dry Pack

We have 3 dates for the cannery!

Thursday, October 21, 6-8 PM

Saturday, November 6, 11-1 PM

Thursday, December 2, 6-8 PM

We have reserved the whole cannery, so it will be just us. Please sign up!

Water Barrels

Have you filled yours? A great big GOOD FOR YOU if you have, but if you didn't - YOU NEED TOO! Here is the water to chlorine bleach ratio:

2 drops per quart
2 drops per liter
4 drops per 2 liter
6 drops per 3 liter
8 drops per gallon
1/2 tsp. per 5 gallons
2 TB per 55 gallons

Remember to rotate your water at least once a year!

Preparedness Fair

The Fullerton and Placentia Stakes have organized a preparedness fair. It will be held October 23 from 10 am - 2 pm at the Euclid Building. There will be activities, booths, demonstrations, how to's, short lectures, and LOTS of information. Our own Jason Demille will be there helping us with wills and Kelly Fink will be discussing pre-planning funerals. Claudia Little and Bekki Fink will be doing a booth on creative storage. We will be looking forward to seeing ALL of you there.

Emergency Contact Cards

We are starting to hand out Emergency Contact Cards. On the front you fill in your Local Emergency Contacts, these include: block captains, home teachers and Bishop. On the back is for your Out of Area Contact and your personal information. The out of area contact is so that if your family is separated

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Emergency Contact Cards Contd.

during an emergency they will all know which relative to call. This is helpful because most often you are able to make a long distance call before you can make a local call. You will be receiving one for each member of your family.

Recipes

No Depression Cake

by Dottie Walters from Chicken Soup for the Soul Cookbook. Copyright 1996 by Jack Canfield, Mark Victor Hansen & Diana von Welanetz Wentworth

Makes 12 to 15 servings and lots of smiles!

1 C white sugar 2 C Water

2 C firmly packed brown sugar

1 C Shortening

4 C seedless raisins

1 t cinnamon

1 t nutmeg

2 t salt

1/2 t cloves

4 C flour

2 1/2 t baking powder

2 C chopped nuts

Powdered sugar, to decorate

1. Preheat oven to 350 F. Grease a 13 x 9 inch baking pan. In large saucepan, combine sugars, water, shortening, raisins, spices and salt. Boil together 3 minutes; cool.

2. Sift together flour, baking powder and baking soda; add to saucepan, along with nuts. Mix well and pour into prepared pan. Bake for 45 minutes.

3. Remove from oven. Let cool for 10 minutes, then turn onto a cake plate. When thoroughly cool, sprinkle with a little powdered sugar, or mix lemon juice and grated lemon rind in powdered sugar for frosting.

Inexpensive Baby Wipes

You need: 1 roll of Bounty paper towels (cut in half and remove center, a serrated kitchen knife or a hacksaw works well), a container that will hold the paper towel half roll and fit all the way to the bottom (a 3 quart cylinder from Rubbermaid™ fits the cut jumbo roll of Bounty perfectly). Mix 1 cup warm water with 1 T. each baby oil and baby bath. Pour over the paper towels and after it has soaked in add one more cup warm water. For the jumbo

roll increase the ingredients by 1/2, i.e., 3 cups of warm water and 1 1/2 T. of baby bath and baby oil to each half roll.) We have saved lots of money on these and really like them. They are also great for in the car cleanups. Plus I think that it would be easy to store the ingredients for a long period of time.

Helpful Hints

Here are some helpful uses of Cola:

From Michael Holigans home improvement show

<http://www.michaelholigan.com/Home.asp>

You know, a cola used to be the pause that refreshes. Now, it's the pause that does a lot of things around the house. Cola is a really good toilet bowl cleaner and all you have to do is pour one bottle or can in there. Let it sit there for about an hour and then come back in and brush lightly and flush it down. You are gonna love the way it looks. Cola and your car are a good combination. Take a crumpled up piece of aluminum foil, pour some cola on there and go to work on the chrome. It'll remove all of the tar and road film that you get on there. Once you get all that done wipe it off and it'll gleam like it's brand new. Look at that. And don't you just hate it when you get grease all over your favorite pair of jeans? Well, cola to the rescue. Just pour cola all over the grease spots. Now you're ready to put it into the washing machine along with the detergent and before long your gonna have clean jeans.

Want a way to clean used 55 gallon syrup drums? Here are a couple of solutions that may help:

By Jen Smith:

Here is what worked for my mom. On a day that will be warm to hot (hotter the better), set it in the sun, fill the drum up with warm to hot water and dump 4-5lbs baking soda in it. Next day, empty and rinse a couple times. The heat opens the "pores" up and the baking soda absorbs it.

By J. Whitt

Go to your local do it yourself car wash...take the sprayer(with no soap..just the rinse) and squirt that water barrel out with the sprayer...we did it and it worked really well.

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